

# **DAN KITTREDGE**

Long-time organic farmer & Director of the Real Food Campaign

will be facilitating

## **A Series of Four Workshops**

on

# **THE PRINCIPLES & PRACTICE OF NUTRIENT DENSE CROP PRODUCTION**

**October 25, January 31, February 28, April 25**  
**Sundays - 9:00am – 4:00pm**

**The Lodge at Pony Farm**  
**19 Putnam Road, Temple, NH 03084**

This is a pilot course, designed to teach participants about biological soil management, in relation to the season and your crops. We start with evaluating your soil tests, which you should obtain beforehand, and progress through the planning, preparation and planting of next year's crops.

In this series, you will learn how:

- to interpret and implement the most useful soil tests
- to prepare for the coming growing season with appropriate minerals, cover crops & soil amendments
- to start your seedlings, select and plant your crops successfully at the appropriate times and in the most effective ways
- to use a conductivity meter, refractometer and pH meter to know what is happening biologically and dynamically in your soil
- to mix and utilize nutrient drenches and foliar sprays to maintain the conductivity in your soil and to enhance the brix content of your crops

**For further information and to register, contact:**

**Douglas Williams**  
[douglaswilliams28@comcast.net](mailto:douglaswilliams28@comcast.net)  
**603-924-7008**

This series is designed for participants to attend all four successive sessions, but this may not be possible for all interested people. The cost of the series is \$180, or \$50 for individual workshops. Full payment is expected at registration, but other arrangements may be made as needed. Checks may be made out to The Lodge at Pony Farm and mailed to Douglas Williams at 28 Cunningham Pond Road, Peterborough, NH 03458.

*Enrollment is limited, so you are advised to act soon to secure a place in the workshops.*